

You should know:

- Before she heads out the door, the average woman has sudsed, soaked, slathered, and spritzed herself with 126 chemicals, many of which are toxic
- Three-quarters of all brand-name cosmetics contain phthalates, chemicals that have been strongly linked with hormone disruption
- The U.S. Food and Drug Administration's "safe for human use" approval rating on a product does not in any way reflect an understanding of that product's impact on internal health

Make better shopping choices to reduce your chemical body burden



Download a wallet card with helpful advice on the best toxin-free brands to look for and the most hazardous toxins to avoid at penguin.ca/lipstick

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